

Monthly Painting Classes Youth Paint Day (Ages 8-12)



Enjoy the experience of creating a masterpiece in the comfort of your Y! A night for adults or day for kids! Join the very talented Cathy Uhazie as she brings out your creative side and provides step by step directions to make the night or day easy and fun. All materials are provided and the picture belongs to you!

WHERE: YMCA – Delta Center

WHEN: Year Round Classes – To Be Announced

COST: Members: \$25 Non-Members: \$35

School's Out Sock Hop (Grades K-3)

Get your kids ready for dancing, contests, and fun! Your child can bop, jump, and jam while participating in numerous activities! A pizza dinner will be provided.



WHERE: YMCA – Gymnasium

WHEN: June 8 from 6pm–8pm

COST: \$10 Members \$15 General Public

T-Ball (Ages 4-6)

Get into the swing of things this summer! This baseball/softball program is the perfect sport for the young ones. Kids will learn the very basics of the game: Swinging, hitting, throwing, catching, and base running.

WHERE: Wells Town Hall Field
6436 N. 8th St, Wells

WHEN: June 18 – July 25 with the week of July 4th off
Practice Tuesdays 5:00–6:00 PM
Games Thursdays starting at 5:15 & 6:15 PM

COST: Members: \$50 Non-Members: \$100



For more information on all programs
visit our website at
www.nlymca.com/delta/programs

SUMMER CAMP GUIDE

Wells Summer Program (Ages 5-6)*

In this program, kids will experience a camp-like atmosphere with weekly themes, games, crafts, and group activities. A summer of fun is sure to be had by all!

*All participants must have completed at least one year in Kindergarten.

WHERE: Wells Childcare Center 5775 Main St, Wells

WHEN: June 3 – August 16

COST: Members: \$175/week/child

Non-Members: \$210/week/child

*2nd Child Discount & Financial Aid Available

YMCA Day Camp (Ages 7-12)

At Y Summer Day Camp, kids make new friends, accomplish goals and learn new skills, and experience belonging in a way that only the Y can provide. Every new experience comes with a chance to learn and grow!

WHERE: Delta Center 2000 N. 30th St, Escanaba

WHEN: June 3 – August 16

COST: Members: \$175/week/child

Non-Members: \$210/week/child

*2nd Child Discount & Financial Aid Available

YMCA/Rotary Camp Harstad (Ages 6-17)

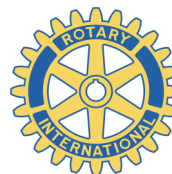
A fun, day camp experience for kids with mild to moderate disabilities. Join Camp Staff on daily nature walks, group games & activities, arts & crafts, field trips, and more!

WHERE: Camp Harstad on M-35 in Ford River

PICK UP & DROP OFF: Wells Childcare Center

WHEN: June 10 – August 9

COST: \$60/week/child



SCAN for full details
on all camps



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH PROGRAMS

May – August 2024



Northern Lights YMCA

DELTA CENTER
2000 N. 30th Street
Escanaba, MI 49829
906-789-0005

AQUATIC CENTER
2001 N. Lincoln Rd.
Escanaba, MI 49829
906-553-7449

WELLS CHILDCARE CENTER

5775 Main Street
Wells, MI 49894
906-789-0202

Youth, Family, & Sports Director: Raquel Schon

Email: rschon@nlymca.com

Aquatics Director: Cherish Hoy

Email: choy@nlymca.com

Aquatics Coordinator: Rudy Westerback

Email: rwesterback@nlymca.com

Childcare Director: Danielle Chartier

Email: dchartier@nlymca.com

Before and After School Coordinator: Lexi Kacalo

Email: schoolage@nlymca.com

NLY Summer Swim Team (Ages 6—18)

Swimmers will learn the fundamental skills of competitive swimming, as well as proper stroke technique. This team focuses on team building and uses competition as a tool to teach the values of discipline, self-improvement and sportsmanship. *All beginning participants must be able to swim 50 yards independently.*

WHEN:

June 18th–August 8th
Tuesdays and Thursdays
4:30pm–6pm

COST: Members: \$125

*Must be a YMCA Annual Member



Aqua Adaptive (Ages 4-12)

Aqua Adaptive is a class designed for students who have a disability or health condition. In this class students will learn about water safety and develop basic swimming skills through fun activities and games while working in small groups.

WHEN:

Tuesdays and Thursdays 3:45pm–4:15pm
June 4th–27th
July 2nd–30th (No class July 4th)
August 6th–29th

COST: Members: \$75 Non-Members: \$125

*Aqua Adaptive is based on American Red Cross Learn to Swim curriculum

Lifeguard Camp (Ages 11-14)

FOUR FULL DAYS OF FUN AT THE POOL!
Students will...

- Build swimming endurance
- Develop leadership and good communication skills
- Learn about water safety
- Practice lifeguard rescues and skills
- Learn the duties and responsibilities of a lifeguard
- Job shadow the YMCA Lifeguards!



Students must have passed Learn to Swim Level 3, or must complete a swim evaluation to register. Swim evaluations can be scheduled by calling the Aquatics center.

Lifeguard Camp follows the American Red Cross Junior Lifeguarding curriculum. It does not certify students as lifeguards. Upon successful completion, students will be issued a Junior Lifeguarding certificate.

WHEN:

July 22 – 25
9:00am–5:00pm

COST: Members: \$125 Non-Members: \$160

American Red Cross Learn to Swim Program

COST: Members \$40

Non-Members: \$84



Evening Lessons

Mondays and Wednesdays

WHEN:

May 1st–29th
June 3rd–26th
July 8th–31st
August 5th–28th
5pm–5:45pm

Preschool Aquatics
Parent and Child Aquatics
7pm–7:45pm
Learn to Swim

Adult Swim: Learn the Basics

Afternoon Lessons

Tuesdays and Thursdays

WHEN:

May 7th–30th
2pm–2:45pm
Preschool Aquatics
Learn to Swim



Morning Lessons

Monday–Thursday

WHEN:

June 17th–27th
July 15th–25th
August 5th–15th
10:15am–11am
Preschool Aquatics
Learn to Swim

Saturday Lessons

WHEN:

May 11th–June 29th
July 6th–August 24th
8am–8:45am
Preschool Aquatics
Parent and Child Aquatics
9am–9:45am
Learn to Swim

Private Swim Lessons
Now Available
For All Ages!

Age Requirements

Parent and Child:

6 months–3 years

Preschool Aquatics:

Ages 3.5–5 years

Learn to Swim:

Ages 6–14 years

Adult Swim:

Ages 15+

Longfellow's WHALE Tales
Water Safety for Children



WHALE TALES

Give your child the knowledge and skills they need to be safe in, on, and around the water this summer. WHALE Tales is a dry land water safety program designed for ages 5–12 by the American Red Cross to help promote water safety and develop water smart kids.

WHEN: 4–4:45pm

May 2nd: *Do your part, be water smart*

May 7th: *Swim as a pair with a lifeguard there*

May 9th: *Is the scene safe and sound*

May 14th: *Don't just pack it, wear your lifejacket*

May 16th: *Play it smart at your home, pool, or park*

May 21st: *Wave, river or tide, water smarts are your guide*

May 23rd: *Think so you don't sink*

May 28th: *Reach or throw, don't go*

May 30th: *Stay calm, think it through and you can know what to do*

COST: Members: Free

Non-Members: \$5 per class

Safe Sitter (Grades 6 - 8)

Safe Sitter® prepares students in grades 6–8 to be safe when they're home alone, watching younger siblings, or babysitting. Students learn life-saving skills, such as how to rescue someone who's choking and what to do if there is severe weather. The lessons are filled with fun activities and role-playing exercises. Students even get to use CPR manikins to practice choking rescue! Lunch is included. Minimum age is 11.

WHERE: YMCA – Delta Center

WHEN: June 1 from 11:30am–5:00pm

COST: \$85 Members \$125 General Public



SAFESITTER

Youth & Teen Memberships

*New Member Fee/Rejoining Fee \$25 (one time fee)



Teen (Ages 12-17) \$34.50/month

- Use of the Fitness Center (12+)

Youth (Ages through 11) \$29.50/month

- Kids ages 10+ can be unaccompanied while visiting the facility.

In addition, members also receive:

- Member rates on programs
- Early registration for programs
- Use of our Youth Recreation Room

Additional Programs For Ages 14+

- Lifeguarding (15+)
- Swim Instructor Training (15+)
- Water Fitness & Fitness classes
- First Aid/CPR/AED
- Pickleball (14+)
- Golf Simulator (16+)

And more! Visit nymca.com/delta/programs to view all course options.