



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN. PLAY. GROW.

1st & 2nd Grade Basketball Program Northern Lights YMCA

Ages: 7-8

Dates: January 8 – February 5, 2023

When: Practices – TBD; Games will be on Sunday

Where: YMCA Gym

Time: Practices – TBD; Games will begin at 1:30p

Cost: \$40—Members; \$80 — General Public



Your player will learn fundamentals of basketball including dribbling, passing, shooting, rebounding, teamwork and so much more. Teams will have a 45 min practice twice a week with games on Sundays. Practice and game schedules will be announced during the first week.

***Sunday January 8th, 2023 will be our assessment day at the gym from 1:30pm to 2:30pm. Please make every attempt to attend – contact Raquel if you have any questions or concerns.**

Financial Assistance Available

For more information, contact Raquel Johnson– YMCA Youth Sports Coordinator
at rjohnson@nlymca.com or by calling the Front Desk at 906.789.0005